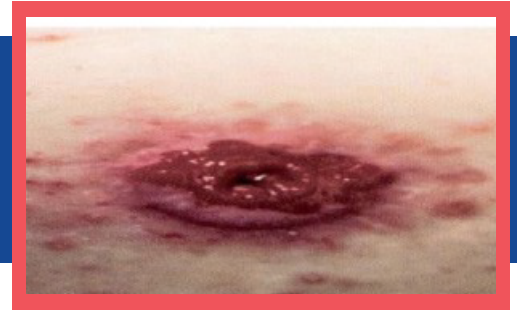


Understanding Stoma Site Complications: Peristomal Folliculitis



What

- Folliculitis is a condition in which the hair follicles become inflamed
- It appears as small pustules around the hair follicle

Normal

- Common problem among people who use adhesive appliances

Causes

- It can be caused by hair pulling when removing these appliances
- Shaving the peristomal skin too dry or too hard, or
- By warm weather.

Severity

- Itching, burning and discomfort

Home treatment

- Using an adhesive remover when removing the pouch,
- Using skin barrier powder to treat denuded skin before applying a new pouch,
- And using an electric shaver.

Prevention

- It is best to avoid frequent shaving of the peristomal skin and dry shaving,
- Wash, rinse, and completely dry the skin before applying a new pouching system,
- And gently remove the pouching system and adhesive products.

Expert advice.

If the problem persists, it is best to consult with a doctor or an enterostomal therapist.